



# 2025 Special Olympics Iowa Winter Games Event Schedule



## Monday, January 13, 2024 @ Sundown Mountain

<b>11:00 am – 4:00pm</b>	<b>Souvenir Sales at Sundown Mountain in the North Lodge</b>				
<b>Snowshoe @ South Lodge</b>		<b>Cross-Country Ski @ North Lodge</b>		<b>Alpine Ski @ Mountain Center</b>	
<b>10:00 am</b>	Registration	<b>10:00 am</b>	Registration & Equipment Checkout	<b>10:00 am</b>	Registration & Equipment Checkout
<b>10:00 am – 11:30 am</b>	Practice	<b>11:00 am – 1:00 pm</b>	Lunch	<b>10:30 am – 11:30 am</b>	Intermediate Clinic @ Intermediate Hill
<b>11:00 am – 1:00 pm</b>	Lunch	<b>1:00 pm – 2:00 pm</b>	Health Station (Stress Balls)	<b>11:00 am – 1:00 pm</b>	Lunch
<b>12:30 pm</b>	800 M Time Trial	<b>1:00 pm – 3:30 pm</b>	Skills Assessment & Time Trials	<b>12:00 pm – 1:00 pm</b>	Health Station (Stress Balls)
<b>12:45 pm</b>	All other Time Trials			<b>12:30 pm</b>	Clinic @ Bunny Hill
<b>2:30 pm</b>	800 M Competition			<b>12:45 pm</b>	Skill Assessment & Time Trials (All Hills)
<b>Monday Night Activities</b>					
<b>5:45 pm</b>	Winter Parade Line-up at the Grand Harbor Hall				
<b>6:00 pm</b>	Opening Ceremony inside in the Grand River Center				
<b>6:30 pm</b>	Dinner in the Grand River Center Exhibit Hall B				
<b>7:00 pm – 8:30 pm</b>	Dance in the Grand River Center Exhibit Hall B				

## Tuesday, January 14, 2024 @ Sundown Mountain

<b>7:30 am – 9:00 am</b>	Breakfast on the 2 <sup>nd</sup> floor of the Grand Harbor Resort in Tony Romas				
<b>10:00 am – 4:00 pm</b>	Souvenir Sales at Sundown Mountain in the North Lodge				
<b>Snowshoe @ South Lodge</b>		<b>Cross-Country Ski @ North Lodge</b>		<b>Alpine Ski @ Mountain Center</b>	
<b>9:00 am</b>	400 M & 200 M Competition	<b>10:00 am – 11:30 am</b>	500 M Competition	<b>10:00 am – 11:30 am</b>	Clinic @ Bunny Hill & Slalom @ All Hills
<b>11:00 am – 1:00 pm</b>	Lunch	<b>11:00 am – 1:00 pm</b>	Lunch	<b>11:00 am – 1:00 pm</b>	Lunch
<b>12:00 pm – 1:30 pm</b>	Health Station (Stress Balls)	<b>12:30 pm – 1:30 pm</b>	100 M Competition	<b>12:30 pm – 1:30 pm</b>	10M Glide @ Bunny Hill
<b>12:30 pm – 1:30 pm</b>	100 M & 4x100 M Relay Competition	<b>1:30 pm – 2:30 pm</b>	1 K Competition	<b>12:30 pm – 1:30 pm</b>	Giant Slalom Competition @ All Hills
				<b>1:00 pm – 2:30 pm</b>	Super Glide Competition @ Beginner Hill
<b>Tuesday Night Activities</b>					
<b>6:00 pm</b>	Dinner at the Grand Harbor Resort				
<b>7:30 pm – 9:00 pm</b>	Celebration Party in the Grand Harbor Aquatics Center				